**Mel and Enid Zuckerman College of Public Health**

**BA Curriculum Guide: 4 Year Semester Plan - Example**

*Note: this sample plan is designed with 14-16 credits per semester. Some students may require additional coursework to be completed based on their placements or transfer units. The second language requirement has multiple ways to be completed in the advised sequence. Students can meet this requirement by completing any variety of fourth semester language courses or by demonstrating fourth semester proficiency through examination. note that 120 units are required for graduation. keep in mind if you double dip any units of gen ed you will need additional units of general elective to reach 120 units for the Bachelor of arts.*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Coursed Completed as AP/Transfer  | Units | Substitution | Term | Grade |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
| **Total Units** |  |  |  |  |

**First Semester (Fall)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Course  | Units | Substitution | Term | Grade |
| **ENGL 101** First Semester Composition |  3 |  |  |  |
| **MATH 107 or higher** (MATH 112 recommended) |  3 |  |  |  |
| **HPS 178** Personal Health and Wellness |  3 |  |  |  |
| **Second language – First semester** |  4 |  |  |  |
| **UNIV 101** Introduction to the General Education Experience |  1 |  |  |  |
| **Total Units** | **14** |  |  |  |

\*NOTE: It is recommended that you begin working on your second language early to ensure a timely completion.

**Second Semester (Spring)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Course  | Units | Substitution | Term | Grade |
| **ENGL 102** Second Semester Composition |  3 |  |  |  |
| **PHP 210** Diversity, Health, and Well-Being Later in Life |  3 |  |  |  |
| **Exploring Perspectives - Artist** |  3 |  |  |  |
| **Exploring Perspectives - Humanist** |  3 |  |  |  |
| **Second Language – Second semester** |  4 |  |  |  |
| **Total Units** | **16** |  |  |  |

**Summer (Following Second Semester)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Course  | Units | Substitution | Term | Grade |
|  |  |  |  |  |
|  |  |  |  |  |
| **Total Units** |  |  |  |  |

**Third Semester (Fall)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Course  | Units | Substitution | Term | Grade |
| **HPS 200** Introduction to Public Health |  3 |  |  |  |
| **Communication Skills** |  3 |  |  |  |
| **Exploring Perspectives – Natural Scientist** |  3 |  |  |  |
| **Exploring Perspectives – Social Scientist** |  3 |  |  |  |
| **Second Language – Third semester** |  4 |  |  |  |
| **Total Units** |  **16** |  |  |  |

**Fourth Semester (Spring)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Course  | Units | Substitution | Term | Grade |
| **BIOS 376** Introduction to Biostatistics**OR BIOS 216** Understanding our Health Through Data (Av. Sp 2025) |  3 |  |  |  |
| **PHP 322** Health Education and Ethical Leadership |  3 |  |  |  |
| **HPS 404** Fundamentals of Evaluation |  3 |  |  |  |
| **Public Health Certificate Course/General Elective/Minor** |  3 |  |  |  |
| **Second Language – Fourth semester** |  4 |  |  |  |
| Total Units | **16** |  |  |  |

**NOTE: APPLY FOR ADVANCED STANDING**

*\*****Advanced Standing Prerequisite Courses:*** *All courses require a ‘C’ or higher. Students are eligible to apply for advanced standing when the remaining prerequisite coursework is 3 courses or 10 units or fewer. once students are admitted to advanced standing, they will be eligible to begin their practicum and/or field work in public health. It is recommended that you work with your advisor to determine the best timeline for applying for advanced standing.*

**Summer (Following Fourth Semester)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Course  | Units | Substitution | Term | Grade |
|  |  |  |  |  |
| **Total Units** |  |  |  |  |

**Fifth Semester (Fall)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Course  | Units | Substitution | Term | Grade |
| **HPS 403** Applications in Health Promotion: Behavioral Theories |  3 |  |  |  |
| **HPS 405** Biology in Public Health |  3 |  |  |  |
| **Wellness and Health Promotion Practice Emphasis Course** |  3 |  |  |  |
| **Building Connections** |  3 |  |  |  |
| **Public Health Certificate Course/General Elective/Minor** |  3 |  |  |  |
| Total Units | **15** |  |  |  |

**Sixth Semester (Spring)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Course  | Units | Substitution | Term | Grade |
| **EHS 425** A Public Health Lens to Climate Change (Req. Fall 2025 and later | 3 |  |  |  |
| **Building Connections** | 3 |  |  |  |
| **Building Connections** |  3 |  |  |  |
| **Wellness and Health Promotion Practice Emphasis Course** |  3 |  |  |  |
| **Public Health Certificate Course/General Elective/Minor** |  3 |  |  |  |
| **UNIV 301** General Education Portfolio | 1 |  |  |  |
| **Total Units** |  **16** |  |  |  |

**Summer (Following Sixth Semester)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Course  | Units | Substitution | Term | Grade |
|  |   |  |  |  |
| **Total Units** |  |  |  |  |

**Seventh Semester (Fall)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Course  | Units | Substitution | Term | Grade |
| **Practicum** |  3 |  |  |  |
| **Wellness and Health Promotion Practice Emphasis Course** |  3 |  |  |  |
| **Wellness and Health Promotion Practice Emphasis Course** |  3 |  |  |  |
| **Wellness and Health Promotion Practice Emphasis Course** |  3 |  |  |  |
| **Public Health Certificate Course/General Elective/Minor** |  3 |  |  |  |
| **Total Units** |  **15**  |  |  |  |

**Eighth Semester (Spring)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Course  | Units | Substitution | Term | Grade |
| **Practicum** | 3 |  |  |  |
| **HPS 493X** Field Work in Public Health | 3 |  |  |  |
| **Public Health Certificate Course/General Elective/Minor** |  3 |  |  |  |
| **Public Health Certificate Course/General Elective/Minor** | 3 |  |  |  |
| **Total Units** |  **12** |  |  |  |

**\*GRADUATE WITH BA DEGREE WITH A MINIMUM OF 120 UNITS**

**NOTES:**