

Students in the fully online Wellness and Health Promotion Practice major complement the major core coursework with your choice of one of the concentrated emphasis areas listed below.

- Questions? Reach out to your [academic advisor](#)

Emphasis Options:	For students seeking careers in...	Students take courses in (complete 12 units)...
Aging and Population Health	Human services, government agencies, retirement communities, nursing homes, health care, and long-term institutional care facilities.	PHP 301 Introduction to Gerontology PHP 305 Public Health in the Digital Age PHP 312 Health Promotion and Well-being in Later Life PHP 419 Alzheimer's Disease, Other Dementias, and the Role of Public Health PHP 424 Optimizing Well-being and Resilience in Older Adults EHS 425 A Public Health Lens to Climate Change PHP 436 Aging, Environment and Wellbeing PHP 437 Management and Leadership in Long-term Care PHPM 458 Health Care Marketing
Health Education	Schools, workplaces, non-profit agencies, faith-based organizations, governmental agencies, and other wellness-related fields.	**HPS 350 Principles of Health Education and Health Promotion Complete 12 additional units from the list below: PHP 305 Public Health in the Digital Age HPS 330 Human Sexuality EHS 425 A Public Health Lens to Climate Change PHPM 458 Health Care Marketing
Health and Wellness	Healthcare settings, community health agencies, implementing programs that use mindfulness, nutrition, and exercise to meet the needs of diverse populations.	NSC 312 Weight Stigma, Nutrition & Health NSC 320 Nutrition, Physical Activity and Health Promotion GHI 325 Dietary Assessment in Public Health Practice NSC 332 Health Coaching HPS 402 Corporate Wellness EHS 425 A Public Health Lens to Climate Change PHPM 458 Health Care Marketing HPS 478 Public Health Nutrition