

Special Seminar

The Department of Health Promotion Sciences Presents



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PhD

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Mexico

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Breastfeeding and infant health especially with regards to common issues that are occurring in Mexico

**Thursday, February 12, 2015
12:00 – 12:50 PM
Drachman Hall, A120**

Breastfeeding saves lives and should be the norm relative to infant feeding practices. Breastfeeding practices tend to improve worldwide, but Mexico has had declining rates of exclusive breastfeeding infants <6m and stable duration of breastfeeding, according to the 2012 National Health and Nutrition Survey (NHNS-12). The National Public Health Institute-School of Public Health of Mexico (INSP-SPHM) is responsible for the implementation of the NHNS's as well as publishing its results to reposition lactation in the national agenda. We will discuss trends and challenges in breastfeeding rates which Mexico currently faces.

Dr. Teresita Gonzalez de Cosio, is a CInyS researcher and the coordinator of the Doctorate program with a focus on developing the necessary skills for students to be able to identify and resolve malnutrition problems in large population groups. Dr. Gonzalez de Cosio created a Doctorate in Science in Nutrition to identify nutrition problems, study its determinants, and influence them through the design and evaluation of actions to generate evidence to support national health programs.

Dr. Teresita Gonzalez de Cosio was just inducted into the National Academy of Medicine for her work on childhood nutrition.

More information is available at:

<http://www.pubfacts.com/author/Teresa+Gonzalez+de+Cossio>

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